

# JCAP

## Dearborn County Jail Chemical Addictions Program

2015 Brief

*"I feel that JCAP is another chance at life for me. Those who really want the change can find it here.*

*Today I have tools that I can use to help me succeed and be the person that I want to be for myself, my family, and my kids."*

*~ JCAP Participant*

### OVERVIEW

The Dearborn County **Jail Chemical Addiction Program (JCAP)** serves men and women who struggle from addiction issues, with rates of heroin and other opiates being particularly troublesome in the Southeastern Indiana region. The unique context of JCAP is that it serves a population residing in a jail setting, prior to sentencing for felony crimes or probation violations.

JCAP participants **voluntarily** apply for the program and are submitted to a **rigorous** assessment procedure that utilizes a variety of data sources in order to identify and admit participants who are ready and willing to change.

JCAP men and women participate in the **evidence-based programming**, *Criminal Conduct & Substance Abuse Treatment (CCSAT)* and *Thinking for a Change (T4C)*, which are rooted in the well-researched therapeutic intervention, Cognitive Behavioral Therapy (CBT), and are geared specifically for offender populations. Participants learn effective coping skills to help reduce criminal conduct and their dependence on substances.

JCAP participants are housed in pods that are separate from the general jail population, where they adhere to additional rules and self-governing principals that create a **therapeutic community**. The positive effects of therapeutic communities have been researched for over

20 years and show that therapeutic communities, particularly in jail and prison settings, help foster a safe environment to engage in treatment and focus on recovery.

### Components of JCAP

- ✓ 90 day program
- ✓ (CBT)-based programming: *CCSAT* and *T4C*
- ✓ Group & Individual Counseling
- ✓ AA/NA meetings
- ✓ Daily exercise

### Qualified Staff

- ✓ Masters-level social workers
- ✓ Trained and certified in *CCSAT* and *T4C*

Research shows that CBT can reduce **12-month** recidivism rates by **25%**.

**Landenberger & Lipsey, 2005**

JCAP BY THE NUMBERS

392

# of offenders JCAP served since 2007

\$13.84

Cost per day of serving a JCAP offender

47%

JCAP offenders used heroin or other opioids



History

- ❖ 2007 opening with 16 male bed pod
- ❖ 2011 expansion to include 8 female bed pod

Cost of JCAP

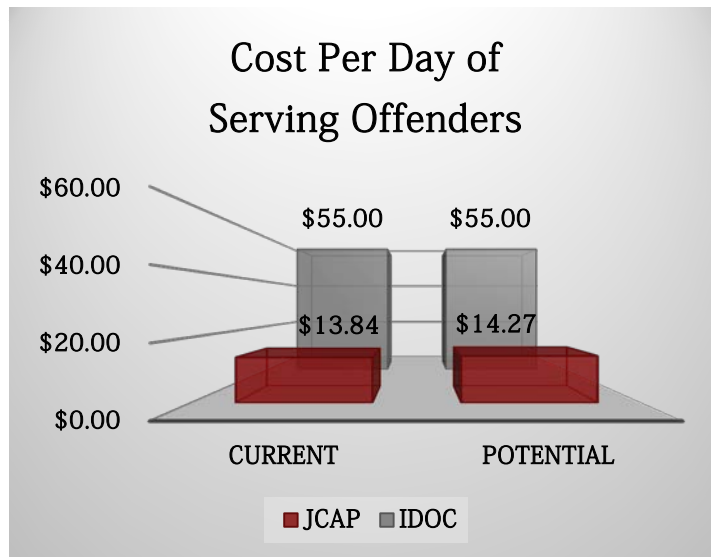
- ❖ Total operating costs of JCAP are \$161,681.00 per year, including salary and operating expenses
- ❖ Court fees fund program, using no taxpayer money

Expansion

- ❖ JCAP plans to increase the number of beds to 24 for men and women. This would increase the daily capacity to 48 offenders.

Evaluation

- ❖ JCAP is seeking additional funding for a comprehensive outcome study on the program and the different supervision pathways upon release.

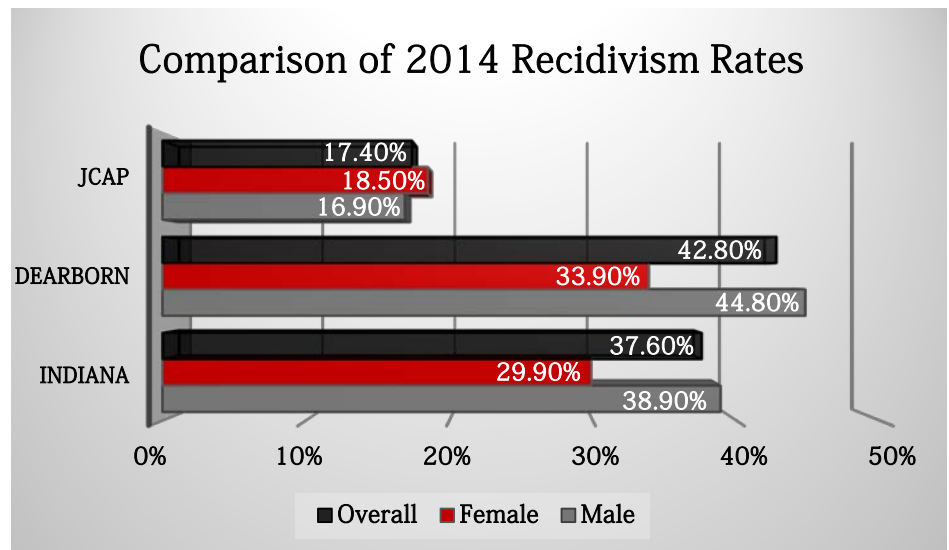


This graph shows the cost of serving an offender in the JCAP program compared to at the Indiana Department of Correction (IDOC). The potential column represents the cost of expanding JCAP by increasing the # of beds and securing an additional therapist.

JCAP SUCCESS

Reduced Recidivism Rates

JCAP has successfully contributed to lower recidivism rates for those who have participated in the program. Compared to significantly higher county and state rates of recidivism, JCAP stands as an effective program that ultimately helps reduce crime as well as social and economic burdens.



\*Sources: <sup>1</sup>Indiana Department of Correction (2014). 2014 Adult recidivism rates. Retrieved from [http://www.in.gov/idoc/files/2014\\_Adult\\_Recidivism\\_Summary.pdf](http://www.in.gov/idoc/files/2014_Adult_Recidivism_Summary.pdf)

<sup>2</sup>Indiana Department of Correction (2014). 2014 Adult recidivism, by county of commitment. Retrieved from [http://www.in.gov/idoc/files/2014\\_Adult\\_Recidivism\\_CountyofCommit.pdf](http://www.in.gov/idoc/files/2014_Adult_Recidivism_CountyofCommit.pdf)



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