

# Indiana Project LAUNCH Incredible Years Study

One Community One Family offers two completely free services, home coaching and parent groups, for three programs (Parents & Babies Program, Parents & Toddler Program, and Parents & Preschool Program).

Parent Coaches are dedicated to linking families to needed resources as well as offering free group workshops to all caregivers with children, ages 0 to 6. Home coaching is available for families with transportation difficulties.



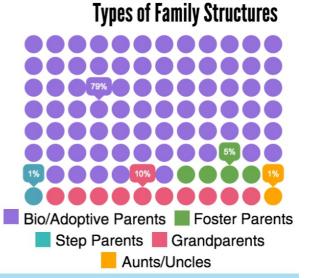
#### **Participating Families**

## **Group Participation**

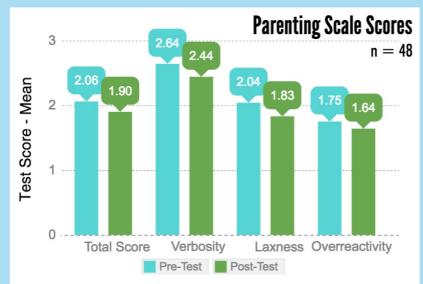




71% completed the program 21% participated in more than one group



### **Program Information**



Caregivers take tests measuring their parenting skills before and after participating in the program. Lower scores are better, indicating improvement in parenting.

### **Counties Served**

Dearborn: 29% Jennings: 20%
Decatur: 27% Ohio: 3%
Franklin: 7% Ripley: 14%
Jefferson: 0% Switzerland: 0%



## **Overall Parent Experience**

of families would RECOMMEND the program to others

of families felt CONFIDENT
in their parenting skills at the
end of the program

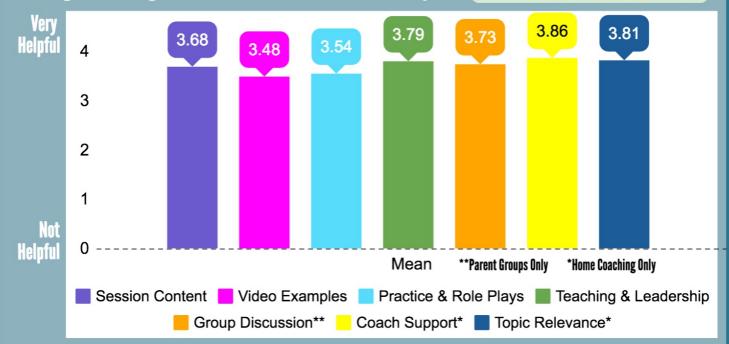
of families felt that the approach used 96% to enhance their child's development or behavior was APPROPRIATE

of families felt POSITIVE

about achieving their goals for their children at the end of the program

Overall, families participating in both parent group and home coaching sessions agree the content of the sessions are helpful.

#### Coaching Strategy Effectiveness



"This program is awesome.
I learn something new each
time."

"Very enlightening. We need this so bad as foster parents." "Helping my children learn to grow & better themselves. I feel our family has become stronger!

#### **MORE ABOUT INCREDIBLE YEARS**

http://www.onecommunityonefamily.org/incredibleYears.asp

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Bloomington







Division of Mental Health and Addiction

