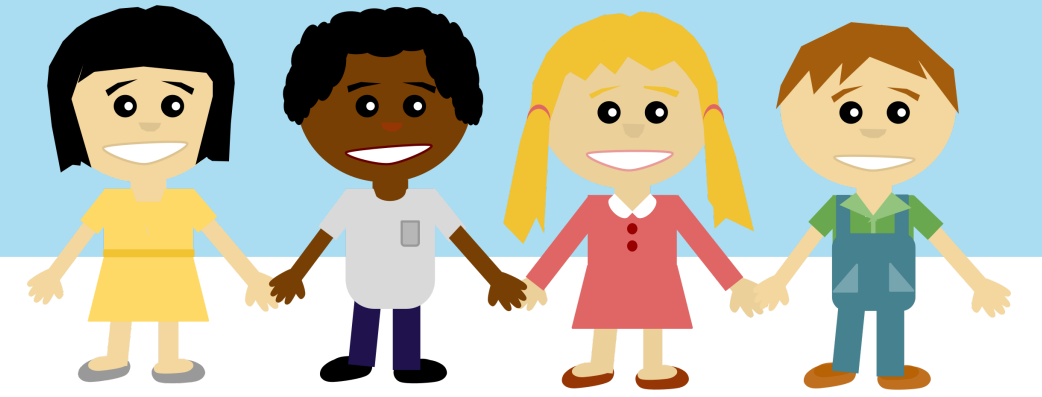


Indiana Project LAUNCH Incredible Years Study

One Community One Family offers two completely free services, home coaching and parent groups, for three programs (Parents & Babies Program, Parents & Toddler Program, and Parents & Preschool Program).

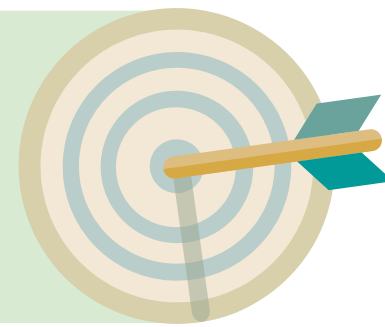
Parent Coaches are dedicated to linking families to needed resources as well as offering free group workshops to all caregivers with children, ages 0 to 6. Home coaching is available for families with transportation difficulties.

This study looked at participant outcomes over three years until December 2017. While the study has completed, services still continue.



Participating Families

Group Participation

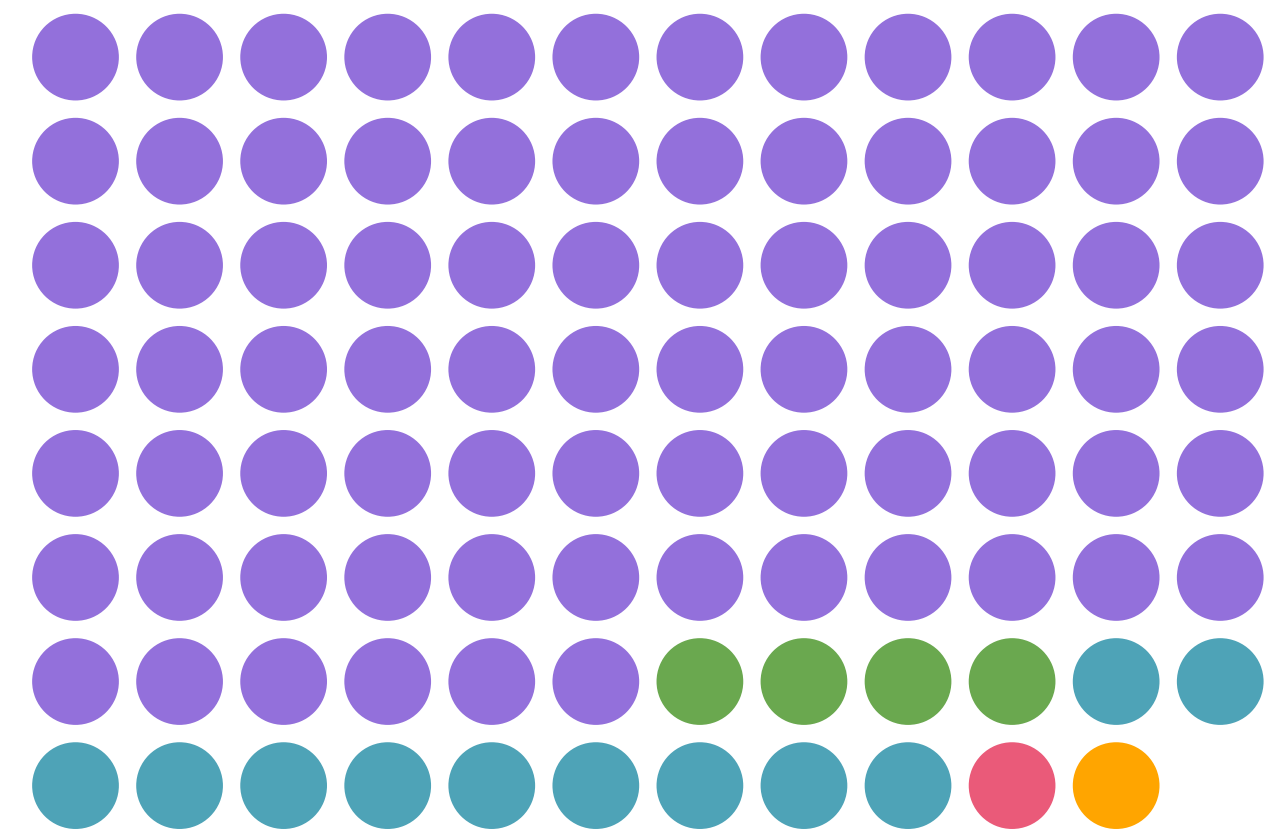


178 Total Caregivers

67% completed the program

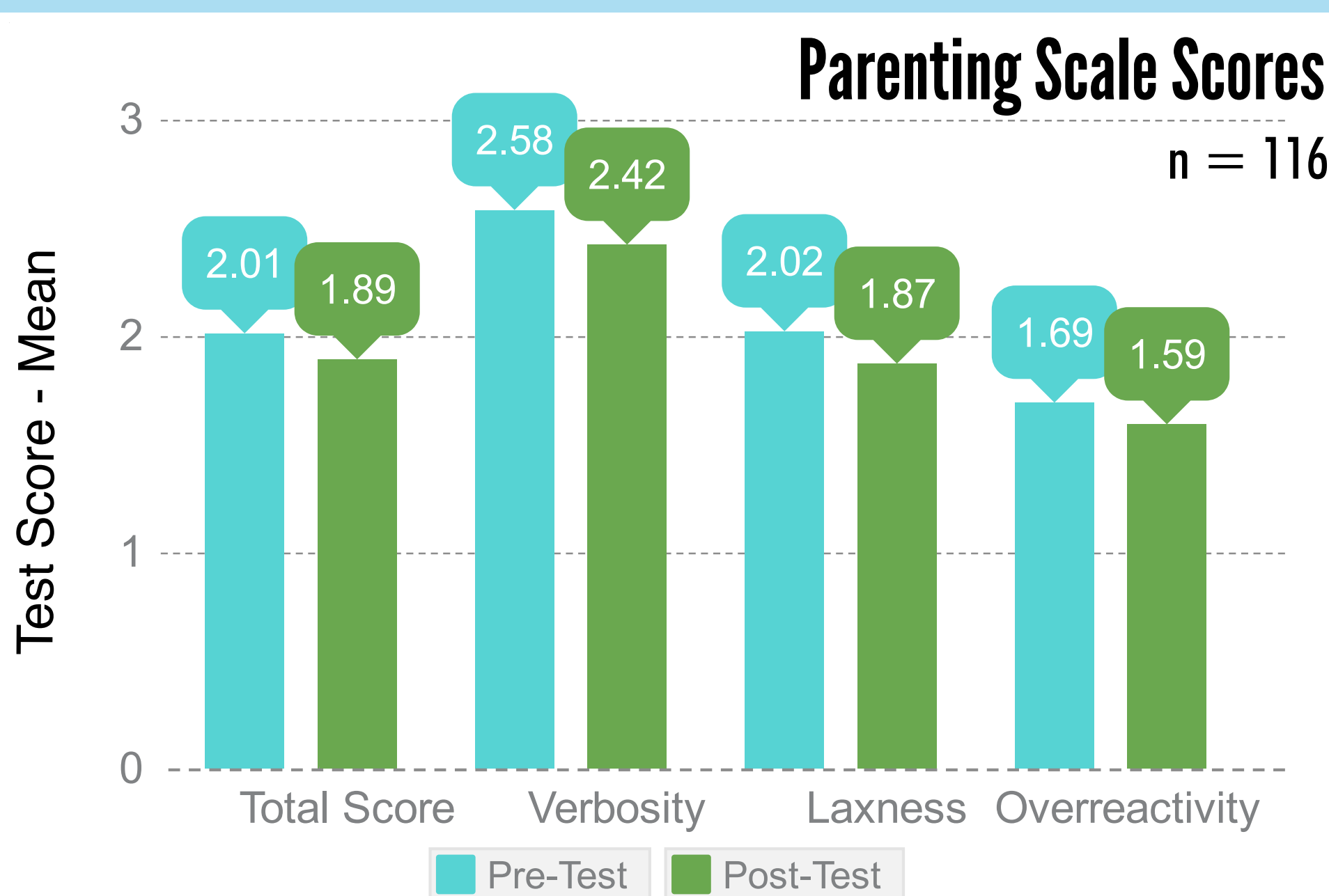
21% participated in more than one group

Types of Family Structures



- Bio/Adoptive Parents (78%)
- Foster Parents (4%)
- Grandparents (11%)
- Step Parents (1%)
- Aunts/Uncles (1%)

Program Information



Caregivers took tests measuring their parenting skills before and after participating in the program. Lower scores are better. These improvements in parenting are statistically significant.

Counties Served

- Dearborn: 30%
- Jennings: 14%
- Decatur: 28%
- Ohio: 2%
- Franklin: 8%
- Ripley: 11%
- Jefferson: 7%
- Switzerland: 0%



Overall Parent Experience

100% of families would **RECOMMEND** the program to others

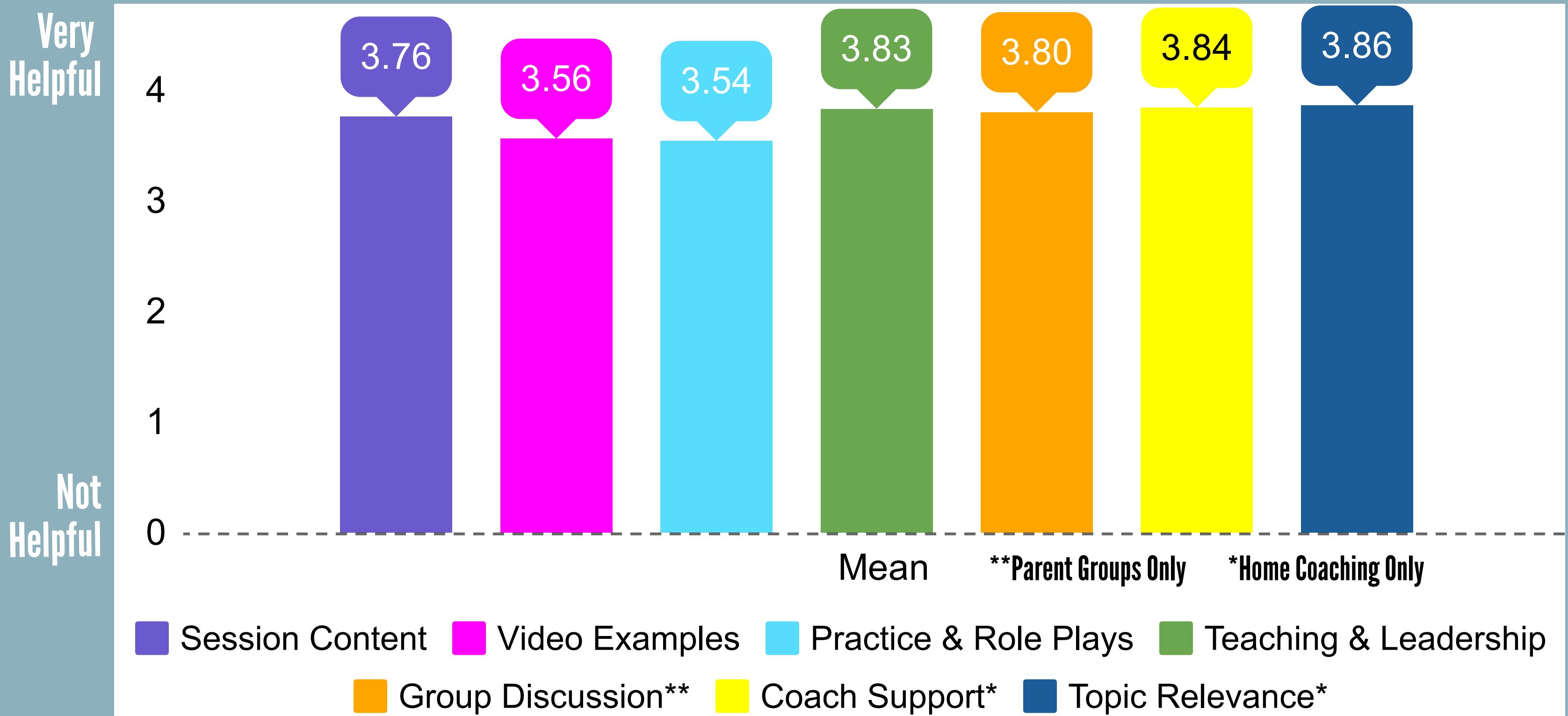
96% of families felt that the approach used to enhance their child's development or behavior was **APPROPRIATE**

95% of families felt **CONFIDENT** in their parenting skills at the end of the program

99% of families felt **POSITIVE** about achieving their goals for their children at the end of the program

Families participating in both parent group and home coaching sessions agreed the content of the sessions were helpful.

Coaching Strategy Effectiveness



"This program is awesome. I learn something new each time."

"I feel this program enlightened me and made me a more confident parent."

"Helping my children learn to grow & better themselves. I feel our family has become stronger!"

MORE ABOUT INCREDIBLE YEARS

<http://www.onecommunityonefamily.org/our-programs/incredible-years/>

May 2018



CENTER FOR COLLABORATIVE SYSTEMS CHANGE
INDIANA UNIVERSITY
Indiana Institute on Disability and Community



Division of Mental Health and Addiction



Indiana State Department of Health