



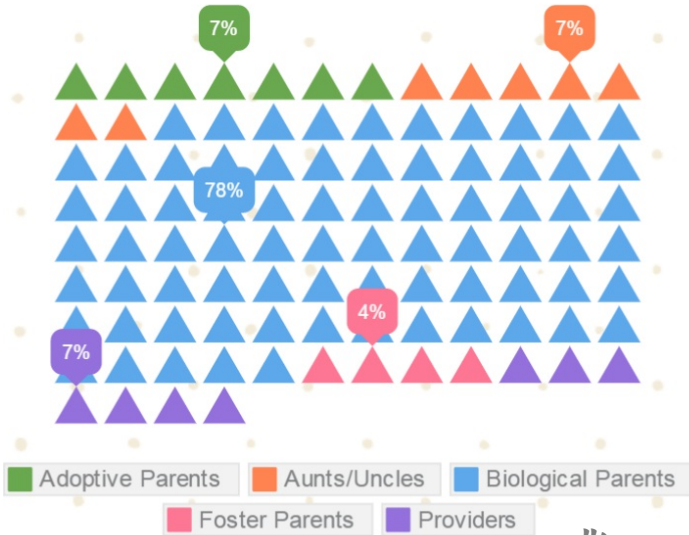
PARENT CAFÉS



"Building protective factors while teaching parents about them through individual reflection and peer-to-peer learning."

Be Strong Families

WHO ATTENDED?



28

participants ages 19-63. Mean age was 34.



68%

had at least one young child (ages 0-8).

39%

of parents had attended a parent cafe before.

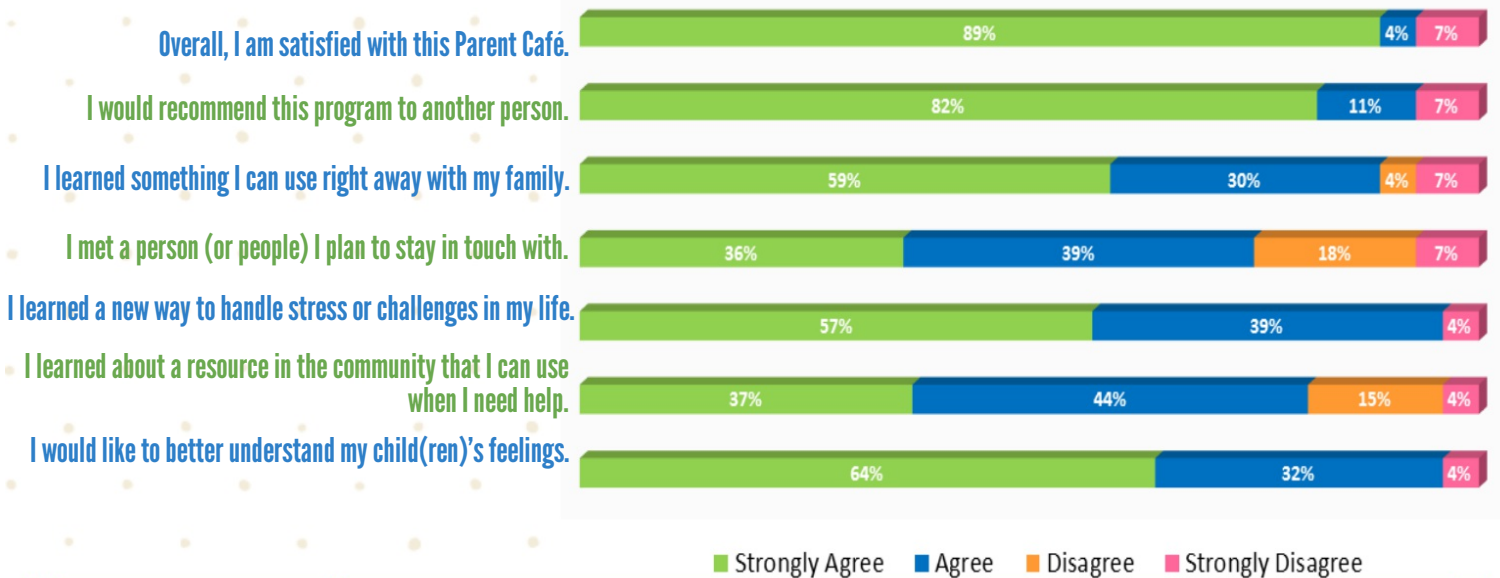
"Other parents are going through the same thing that I am."

"Love the Café!"

"This was an incredibly informative workshop."

"It really helps to talk and share our own issues."

CAREGIVER SURVEY



May 2016



COLLABORATIVE RESEARCH INITIATIVE

INDIANA UNIVERSITY
School of Education
Bloomington

