

# INDIANA PROJECT LAUNCH

## MENTAL HEALTH CONSULTATION STUDY

Mental health consultation consisted of collaborative work between mental health professionals and child- and family-serving providers to improve, treat, and reduce the impact of mental health problems among young children and their families.

### 3 MODELS OF CONSULTATION

#### PROGRAMMATIC

Consultants supported providers who work with families of young children to improve parenting and household dynamics

**9** providers served

#### CLASSROOM

Consultants provided classroom observations and worked with teachers to develop lesson plans and interventions for students

**50** teachers served

#### CHILD & FAMILY

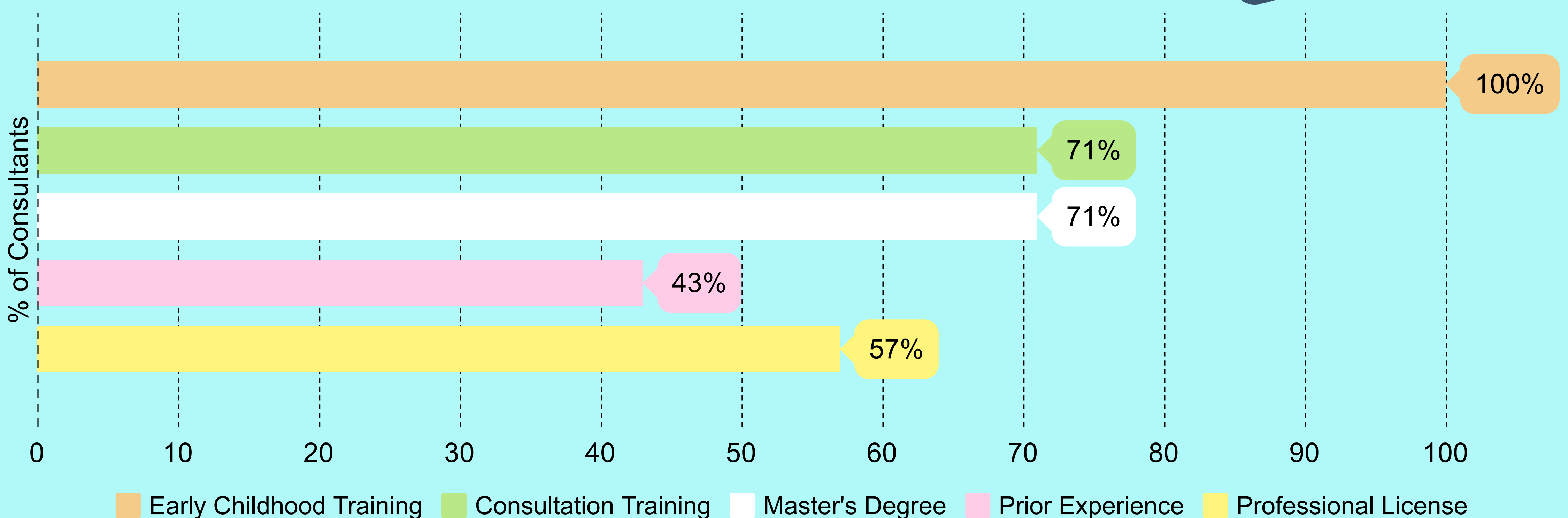
Consultants worked directly with children identified at childcare centers to improve social-emotional and behavioral outcomes.

**31** children served

### CONSULTANT QUALIFICATIONS

Qualifications included prior experience with consultation, a professional license, consultation training, and a Master's degree.

All consultants received early childhood training or coursework!



For more information about mental health consultation services  
email: [ocof@onecommunityonefamily.org](mailto:ocof@onecommunityonefamily.org)

May 2018



**CENTER FOR COLLABORATIVE SYSTEMS CHANGE**

INDIANA UNIVERSITY  
Indiana Institute on Disability and Community



**Division of Mental Health and Addiction**



Indiana State  
Department of Health